

Youth For Action

# ABOUT US:

The Youth for Action's Mission is to create a solid foundation for youth services in the Monterey & San Benito counties in order to prevent/end youth homelessness. We do this by providing support to youth in need through networking, mutual aid, & raising awareness for the complex issues of youth homelessness. It is a place where youth can come to seek information and direction.

## COLLABORATORS

Agents of Change 831

Community Human Services

Salinas/Monterey Homeless Union

## CONTACT

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# MUTUAL AID

Our goal with this Community Fridge Initiative is to build mutual aid networks in our communities.

## WHAT IS MUTUAL AID?

A voluntary and reciprocal exchange of resources and services for mutual benefit where people take responsibility for caring for one another and changing political conditions, such as homelessness or food insecurity.

## EXAMPLES OF MUTUAL AID:

- Food Distributions
- Clothing drives
- Disaster Relief



# COMMUNITY FRIDGES



## WHAT

A fridge located in a public space. The fridges (sometimes called "freedges") are a type of mutual aid project which enables food to be shared within a community. Some community fridges also have an associated area for non-perishable food and supplies.

## HOW THEY WORK

Fridges are "housed" by **Hosts**, which can be at private homes, businesses, nonprofits, etc. **Volunteers** & community members stock and clean the fridges.

They are big on **Community Trust** and run on the simple guidelines of

“TAKE WHAT YOU NEED, LEAVE WHAT YOU CAN”

# HOW TO GET INVOLVED

[bit.ly/MOSBCommunityFridges](http://bit.ly/MOSBCommunityFridges)

## DONATIONS



## VOLUNTEER



## START A FRIDGE



## HOST A FRIDGE

\* Electricity cost of fridge will be covered

